



Honey, honey

Manuka honey may be internationally renowned for its unique flavour and health benefits, but it is also a regenerative skincare product. I'm therefore excited to try the signature Manuka Honey Facial at Comvita. It's created to invigorate, nourish and slow signs of ageing, and as I relax holistic practitioner Lisa Francis gently cleanses, exfoliates and steams my skin. Manuka facials are made freshly for each appointment, blending the golden honey with mineral clay, natural hydrosols and a unique

combination of essential oils, and Lisa mixes the mask according to my combination skin. I'm expecting it to feel syrupy, but instead it has a soothing, luxurious feel. It is followed by a facial massage and moisturiser. Afterwards my skin is visibly smoothed, plumped and dewy. It's official; Manuka Honey is far more than porridge-worthy!
£60, 212 Portobello Road W11 1LA;
020 7985 0056,
comvita.co.uk
Mary-Jane Wiltshire

High Maintenance

Ensure your skin is runway ready with Laura Johnston's pick of the best products to give you a post-facial glow everyday



Super Facialist

Notting Hill's Una Brennan is London's best kept beauty secret. Her healing hands are sought after by A-Listers and now you too can benefit from her brilliance thanks to her new Super Facialist skincare range. The 16 products are divided into three regimes – hydrate/rose, deep clean/tea flower and firming/neroli – and all contain pure essential oils. The expert formulations, combining science and nature, are packed with advanced actives including Hyaluronic Acid, Salicylic Acid and unique Peptides. Sold in Boots, costing £7.99-£14.99, what's not to love?
superfacialist.co.uk

